

# STOP THE TICK !

- Ticks are most active from May to September
- Ticks come from below, wear impregnated Care Plus® Bugsox
- Tuck trousers into socks
- Apply a strong insect repellent to the exposed skin, Care Plus® Deet or Care Plus® Repel-it
- After having been outdoors, check the skin for ticks
- Remove ticks safely within 8 hours with the Care Plus® Tick-Out tick remover
- Test the tick with the Care Plus® Tick-Test and consult a GP if necessary
- more info: [www.stopthetick.co.uk](http://www.stopthetick.co.uk)



foto: Bugsinthepicture.com

**care**  
**PLUS**